

ALLEGAN COUNTY HEALTH DEPARTMENT

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Office Administration

(269) 673-5411

Emergency Preparedness

(269) 686-4580

Personal Health

(269) 673-5413



Communicable Disease

(269) 686-4524

Environmental Health

(269) 673-5415

Health Education

(269) 686-4523

Informational News Release

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Additional community Novel H1N1 clinics open up for the Holiday Season in Allegan County

Allegan —As families gathers over the holidays, there are steps people can do to reduce the spread of the influenza.

The Centers for Disease Control and Prevention (CDC) reminds people that extra precautions can help; people are urged to take these four steps to keep healthy this holiday season.

- Travel or visit others well: These means travel or visit others only when you are feeling well.
- Wash your hands frequently. You can use soap and water or alcohol-based sanitizer or wipes.
- Cover your coughs and sneezes with tissues or in your elbow. Use hand sanitizers afterward.
- Get both seasonal and 2009 H1N1 vaccinations (if people are in a recommended group).

Additional community Novel H1N1 vaccination clinics are scheduled to reduce the Holiday Season risk. The Allegan County Health Department continues to work with Allegan Healthcare Group, Inc. to offer the 2009-nH1N1 influenza vaccine to the CDC's target groups in community settings.

The next scheduled community off-site clinics will be in the cities of Allegan, Holland, Wayland, and Pullman to allow for access from different parts of the county. To schedule an appointment for one of these clinics, call Allegan Healthcare Group at 269-686-4350 from 9:00 am- 6:00 pm, M-F.

Before calling, please contact your primary doctor/healthcare provider since he or she might have the 2009-nH1N1 vaccine available. Many primary providers are getting this vaccine directly shipped to them. Additional community clinics will be scheduled as more vaccines become available.

Community Novel H1N1 Clinics Schedule

Location	Building	Address	Date	Time	Information
Holland	Central Wesleyan Church	446 West 40 th Holland, MI 49423	12/08/09	3:00- 8:00 pm	By Appointment Target Groups
Wayland	Wayland Middle School	701 Wildcat Dr. Wayland, MI 49348	12/10/09	3:00- 8:00 pm	By Appointment Target Groups
Pullman	Pullman Elementary School	5580 South Ave. Pullman, MI 49450	12/15/09	3:00- 8:00 pm	By Appointment Target Groups
Allegan	Allegan High School, Event Center	1560 Lincoln St. Allegan, MI 49010	12/16/09	3:00- 8:00 pm	By Appointment Target Groups

These clinics are open to Allegan County Residents who fit within the target groups and are by appointment only.

The Center for Disease Control & Prevention's Target Groups are:

- Pregnant women;
- Persons 6 months-24 yrs of age;
- Persons aged 25 through 64 years who have health conditions associated with higher risk of medical complications from influenza such as HIV, diabetes, or heart or lung disease (especially asthma).
- Primary caregivers and/or parents of infant less than 6 months of age, and
- Health care workers and emergency medical services personnel who serve these populations.

For additional information go to <http://www.allegancounty.org> and click under the H1N1 icon.

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